

Lus Tshaj rau cov Niam Txiv/Cov Khomob Hais txog Koj tus Menyuam cov Tshuaj txhaj

Cov menuam mos yuav tsum tau “txhaj tshuaj” tiv thaiv tawmtsam kaum ib yam kabmob nyaum xws li: ua qoob (ua qhua) thiab mob tuag tes tuag taw. Ib xyoo twg, cov menuam uas tsis tau kev tiv thaiv txaus rau cov kabmob no tau ua mob thiab ib txhia kuj raug kev tuag.

Koj pab tiv thaiv tau koj cov menuam los ntawm coj lawv mus cuag kws khomob lossis hauv chaws kuaj mob kom txhaj tshuaj rau lawv. Cov menuam mos yuav tsum tau txhaj rau (7) hom tshuaj kom ncav thaum lawv muaj hnub nyooq ob xyoos. Muaj qee yam tshuaj yuav tau ua zaum puav txhaj. Qhov no yuav tau mus ntsib kws khomob lossis hauv chaw kuaj mob li ntawm tsib (5) zaug.

Tsis txhob tuncua lub sljhawm uas tiv thaiv koj tus menuam mos

- Tsis txhob tos kom koj tus menuam twb mob lawm. Coj menuam mus txhaj tahuaj ntawm kws khomob lossis hauv chaw kuaj. Koj tus menuam yuav tau txhaj thawj koob tahuaj thaum nyuam qhuav yug tau.
- Mus ntsib kaws khomob ib zaug twg yuav tau nug txog tej tshuaj txhaj. Nug saib koj tus menuam mos puas tau txhaj tshuaj ncav nws hnub nyooq.
- Yuav muab ib daim ntawv teev cov tshuaj uas koj tus menuam tau txhaj lawm rau koj. Khaws daim ntawv teev txhaj tshuaj no rau qhov chaw zoo. Txhua zaus coj menuam mus ntsib kws khomob, yuav tsum nqa nrog nrain.
- Nug kws khomob saib thaum twg mam rov tuaj dua. Muab sau cia. Teem sijhawm.
- Yog tsis muaj kws khomob, hu dawb rau “National Immunization Program Hotlines” kom lawv nrhiav qhov chaw muaj txhaj tshuaj uas nyob ze. Tus xovtooj yog: 1-800-232-2522 (lus Amelika).

Yog hais tias koj tus menuam ntsug ib koob tshuaj lawm, yuav tau txhaj kom ncav cuag. Tabsis yog koj tos ntev heev dhau hwv lawm, kev tiv thaiv yuav tsis tshua muaj zog.

Koj muab txoj sia raw lawv - Tiv thaiv.